

A Must Try New Year Eve's Recipe

As we get ready to ring in a new year, try this receipt for a little fun:

Needed:

One large bowl & a slotted spoon

An inquisitive or whimsical attitude

Ingredients:

5 cups of gratitude

3 cups of love

heaping cup of kindness

½ cup sugar

pinch of salt

Slowly mix the 5 cups of gratitude into a large bowl, while stirring, ask yourself, “what are 5 things I am grateful for?” Take 3 cups of love and sifted them into the gratitude mixture, as you do this imagine all the people in your life you have loved and all those you have yet to meet. Scoop up a heaping cup of kindness as you claim 2 acts of kindness you can perform in the coming weeks. Next be sure to add the sugar and salt at the same time because life is much better when we mix the sweet and the salty together.

Enjoy - the great thing about this recipe it does not need to be refrigerated nor will it expire.

Blessings,
Pastor Lisa